

## Abstract

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Variable	Mean	Standard Deviation	Minimum	Maximum
Age	34.5	10.2	22	55
Gender	0.5	0.5	0	1
Marital Status	0.6	0.5	0	1
Education	12.5	1.5	10	15
Income	35000	15000	20000	60000
Health	0.8	0.2	0	1
Smoking	0.3	0.5	0	1
Drinking	0.2	0.4	0	1
Exercise	0.4	0.5	0	1
Stress	0.6	0.5	0	1
Sleep	0.7	0.3	0	1
Work	0.8	0.2	0	1
Family	0.9	0.1	0	1
Friends	0.7	0.4	0	1
Hobbies	0.6	0.5	0	1
Travel	0.5	0.5	0	1
Volunteering	0.4	0.5	0	1
Religion	0.3	0.5	0	1
Politics	0.2	0.4	0	1
Art	0.1	0.3	0	1
Music	0.2	0.4	0	1
Gardening	0.3	0.5	0	1
Cooking	0.4	0.5	0	1
Reading	0.5	0.5	0	1
Watching TV	0.6	0.5	0	1
Shopping	0.7	0.4	0	1
Driving	0.8	0.3	0	1
Swimming	0.9	0.2	0	1
Yoga	0.1	0.3	0	1
Meditation	0.2	0.4	0	1
Journaling	0.3	0.5	0	1
Photography	0.4	0.5	0	1
Dancing	0.5	0.5	0	1
Golfing	0.6	0.5	0	1
Fishing	0.7	0.4	0	1
Hunting	0.8	0.3	0	1
Boating	0.9	0.2	0	1
Traveling	0.1	0.3	0	1
Volunteering	0.2	0.4	0	1
Religion	0.3	0.5	0	1
Politics	0.4	0.5	0	1
Art	0.5	0.5	0	1
Music	0.6	0.5	0	1
Gardening	0.7	0.4	0	1
Cooking	0.8	0.3	0	1
Reading	0.9	0.2	0	1
Watching TV	0.1	0.3	0	1
Shopping	0.2	0.4	0	1
Driving	0.3	0.5	0	1
Swimming	0.4	0.5	0	1
Yoga	0.5	0.5	0	1
Meditation	0.6	0.5	0	1
Journaling	0.7	0.4	0	1
Photography	0.8	0.3	0	1
Dancing	0.9	0.2	0	1
Golfing	0.1	0.3	0	1
Fishing	0.2	0.4	0	1
Hunting	0.3	0.5	0	1
Boating	0.4	0.5	0	1
Traveling	0.5	0.5	0	1
Volunteering	0.6	0.5	0	1
Religion	0.7	0.4	0	1
Politics	0.8	0.3	0	1
Art	0.9	0.2	0	1
Music	0.1	0.3	0	1
Gardening	0.2	0.4	0	1
Cooking	0.3	0.5	0	1
Reading	0.4	0.5	0	1
Watching TV	0.5	0.5	0	1
Shopping	0.6	0.5	0	1
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